

BLT (Bacon, Lettuce and Tomato Sandwich)

Notes

Some people put salt and pepper on a BLT. However, I find that most bacon is salty enough in itself and I don't think a BLT really needs more salt added.

Ingredients

3 slices cooked bacon per sandwich

3 – 4 thin slices tomato per sandwich

2 -3 leaves washed lettuce per sandwich

2 slices bread, toasted, white or whole wheat or whatever you prefer

Butter or margarine

Mayonnaise to taste

Salt and pepper to taste

Process

Cook the bacon at medium high heat, turning it often with tongs

Remove grease and pat bacon with paper towel

Toast bread to your preference

Spread toast with butter or margarine

Place 3 strips of bacon on one toast

Add the tomato slices on the bacon

Add the lettuce

Spread mayonnaise and salt and pepper to taste on the 2nd toast

Place 2nd toast, mayonnaise down, on the lettuce etc.

Cut diagonally and serve with a pickle and/or olives